

LCN vs. St. Clair - 9/22/2009

Results

Event 1 Girls 200 Yard Medley Relay

LCN Fr-So: 2:08.70 11/3/2006 L'Anse Creuse North
C Mullins, J Maul, K Engelman, V Nowinski

LCN Varsity: 2:02.60 11/3/2007 L'Anse Creuse North
C Mullins, D Kelly, K Engelman, M Yacenic

Team	Relay	Seed Time	Finals Time	Points
1 L'Anse Creuse North	A	2:12.00	2:07.30	8
1) Korajac, Una FR	2) Bondy, Laura SO	3) Leduc, Alayna SR	4) Adamic, Michelle SR	
33.63	1:08.88 (35.25)	1:39.92 (31.04)	2:07.30 (27.38)	
2 St. Clair High School	A	NT	2:07.68	4
1) Pfropper, Katlin JR	2) Westrick, Haley SO	3) Bernardi, Alexandra SR	4) Britz, Brianna JR	
35.48	1:09.51 (34.03)	1:41.44 (31.93)	2:07.68 (26.24)	
3 St. Clair High School	B	NT	2:23.81	2
1) Slis, Amanda FR	2) Bryan, Bryana JR	3) Katakis, Hope FR	4) McDonald, Melissa SO	
35.20	1:13.83 (38.63)	1:50.57 (36.74)	2:23.81 (33.24)	
4 L'Anse Creuse North	B	2:21.83	2:28.27	
1) Nowak, Megan JR	2) Scully, Melanie SR	3) Mullins, Lauren JR	4) Arsenault, Amanda SO	
37.87	1:19.97 (42.10)	1:57.84 (37.87)	2:28.27 (30.43)	
5 L'Anse Creuse North	C	NT	x2:34.18	
1) Kitchens, Rachel L SO	2) Orr, Jenna SO	3) Girard, Abby FR	4) Zablocki, Taylor FR	
42.19	1:22.98 (40.79)	2:03.70 (40.72)	2:34.18 (30.48)	
6 St. Clair High School	C	NT	x2:40.15	
1) Stainbrook, Keri FR	2) Dietlin, Bridget JR	3) Dietlin, Kelsey SR	4) Schweihofer, Morgan SO	
38.86	1:26.60 (47.74)	2:09.77 (43.17)	2:40.15 (30.38)	
--- L'Anse Creuse North	D	NT	X3:03.91	
1) Harms, Kaysey JR	2) O'Keefe, Emily FR	3) Renock, Alexis SO	4) Gainer, Briana SO	
46.97	1:34.63 (47.66)	2:19.61 (44.98)	3:03.91 (44.30)	

Event 2 Girls 200 Yard Freestyle

LCN Fr-So: 2:11.10 9/22/2009 Laura Bondy Crusaders
LCN Varsity: 2:07.02 11/8/2008 Tori Nowinski Crusaders

Name	Yr	School	Seed Time	Finals Time	Points
1 Bondy, Laura	SO	L'Anse Creuse North	2:18.08	2:11.10	6
30.16	1:03.32 (33.16)	1:37.61 (34.29)	2:11.10 (33.49)		
2 Bryan, Bryana	JR	St. Clair High School	NT	2:20.65	4
32.50	1:08.04 (35.54)	1:45.43 (37.39)	2:20.65 (35.22)		
3 Hintz, Angelica	JR	L'Anse Creuse North	2:27.22	2:21.39	3
32.85	1:08.31 (35.46)	1:45.58 (37.27)	2:21.39 (35.81)		
4 Roggenbuck, Kathryn	SR	St. Clair High School	NT	2:24.13	2
31.82	1:08.10 (36.28)	1:45.85 (37.75)	2:24.13 (38.28)		
5 Wiseheart, Kayla	JR	St. Clair High School	NT	2:29.94	1
34.06	1:11.68 (37.62)	1:51.14 (39.46)	2:29.94 (38.80)		
6 Stoll, Kaitlyn	SO	L'Anse Creuse North	2:41.92	2:45.90	
38.64	1:21.80 (43.16)	2:05.37 (43.57)	2:45.90 (40.53)		
--- Dietlin, Bridget	JR	St. Clair High School	NT	X2:53.50	
40.40	1:24.65 (44.25)	2:09.88 (45.23)	2:53.50 (43.62)		
--- Lathan, LaShae	JR	L'Anse Creuse North	3:17.37	X3:12.83	
37.72	1:29.11 (51.39)	3:12.83 (1:43.72)			

Event 3 Girls 200 Yard IM

LCN Fr-So: 2:27.30 2001 M. Hasshaw
LCN Varsity: 2:24.81 2003 M. Hasshaw

Name	Yr	School	Seed Time	Finals Time	Points
1 Leduc, Alayna	SR	L'Anse Creuse North	2:36.16	2:30.32	6
32.30	1:10.68 (38.38)	1:55.69 (45.01)	2:30.32 (34.63)		

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Results

(Event 3 Girls 200 Yard IM)

Name	Yr	School	Seed Time	Finals Time	Points
2 Westrick, Haley	SO	St. Clair High School	NT	2:30.85	4
34.80	1:14.92 (40.12)	1:56.03 (41.11)	2:30.85 (34.82)		
3 Slis, Amanda	FR	St. Clair High School	NT	2:48.34	3
35.27	1:18.47 (43.20)	2:08.20 (49.73)	2:48.34 (40.14)		
4 Markel, Brooke	FR	St. Clair High School	NT	2:59.45	2
43.63	1:27.41 (43.78)	2:19.76 (52.35)	2:59.45 (39.69)		
5 Scully, Melanie	SR	L'Anse Creuse North	2:57.97	3:01.50	1
45.59	1:33.90 (48.31)	2:21.88 (47.98)	3:01.50 (39.62)		
6 Orr, Jenna	SO	L'Anse Creuse North	3:12.64	3:02.44	
43.31	1:33.67 (50.36)	2:22.29 (48.62)	3:02.44 (40.15)		
--- O'Keefe, Emily	FR	L'Anse Creuse North	3:35.87	X3:34.97	
56.58	1:51.68 (55.10)	2:46.93 (55.25)	3:34.97 (48.04)		

Event 4 Girls 50 Yard Freestyle

LCN Fr-So: 27.84 2003 B. Bauser
 LCN Varsity: 26.48 11/4/2005 Cynthia Brown

Name	Yr	School	Seed Time	Finals Time	Points
1 Britz, Brianna	JR	St. Clair High School	NT	27.38	6
2 Adamic, Michelle	SR	L'Anse Creuse North	28.30	28.58	4
3 Katakis, Hope	FR	St. Clair High School	NT	30.09	3
4 Arsenault, Amanda	SO	L'Anse Creuse North	30.93	30.30	2
5 Bernardi, Alexandra	SR	St. Clair High School	NT	30.42	1
6 Girard, Abby	FR	L'Anse Creuse North	33.00	31.76	
--- McDonald, Melissa	SO	St. Clair High School	NT	X31.68	
--- Koehler, Ashley	SO	St. Clair High School	NT	X34.50	
--- Dietlin, Bridget	JR	St. Clair High School	NT	X35.89	
--- Penning, Neele	SR	St. Clair High School	NT	X38.16	
--- Harms, Kaysey	JR	L'Anse Creuse North	NT	X41.07	
--- Engebrecht, Sophie	SO	St. Clair High School	NT	X42.74	
--- Fountain, Dannie	JR	St. Clair High School	NT	X42.95	

Event 5 Girls 1 mtr Diving

LCN Fr-So: 159.30 9/22/2009 Taylor Zablocki Crusaders
 LCN Varsity: 159.30 9/22/2009 Taylor Zablocki Crusaders

Name	Yr	School	Seed Time	Finals Score	Points
1 Zablocki, Taylor	FR	L'Anse Creuse North	149.20	159.30	6
2 Stainbrook, Keri	FR	St. Clair High School	NT	61.50	4

Event 6 Girls 100 Yard Butterfly

LCN Fr-So: 1:08.23 9/22/2009 Una Korajac Crusaders
 LCN Varsity: 1:04.67 11/7/2008 Kiersten Engelman Crusaders

Name	Yr	School	Seed Time	Finals Time	Points
1 Britz, Brianna	JR	St. Clair High School	NT	1:06.95	6
32.32	1:06.95 (34.63)				
2 Korajac, Una	FR	L'Anse Creuse North	1:11.92	1:08.23	4
31.02	1:08.23 (37.21)				
3 Bernardi, Alexandra	SR	St. Clair High School	NT	1:23.47	3
35.59	1:23.47 (47.88)				
4 Katakis, Hope	FR	St. Clair High School	NT	1:24.41	2
39.03	1:24.41 (45.38)				
5 Mullins, Lauren	JR	L'Anse Creuse North	1:23.99	1:32.04	1
41.76	1:32.04 (50.28)				

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(Event 6 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Finals Time	Points
6 Renock, Alexis	SO	L'Anse Creuse North	1:40.68	1:40.90	
48.11		1:40.90 (52.79)			
--- Kitchens, Rachel L	SO	L'Anse Creuse North	1:43.99	X1:43.21	
48.52		1:43.21 (54.69)			

Event 7 Girls 100 Yard Freestyle

LCN Fr-So: **59.76** **2001** **M. Hasshaw**
 LCN Varsity: **58.33** **10/18/2005** **Cynthia Brown**

Name	Yr	School	Seed Time	Finals Time	Points
1 Leduc, Alayna	SR	L'Anse Creuse North	1:00.07	1:01.91	6
29.82		1:01.91 (32.09)			
2 Schweihofer, Samantha	JR	St. Clair High School	NT	1:06.28	4
30.97		1:06.28 (35.31)			
3 Pfropper, Katlin	JR	St. Clair High School	NT	1:06.70	3
31.77		1:06.70 (34.93)			
4 Kehoe, Rachel	SO	St. Clair High School	NT	1:08.99	2
31.86		1:08.99 (37.13)			
5 Arsenault, Amanda	SO	L'Anse Creuse North	1:13.17	1:10.61	1
34.40		1:10.61 (36.21)			
6 Girard, Abby	FR	L'Anse Creuse North	NT	1:11.02	
34.60		1:11.02 (36.42)			
--- Grzymala, Gabrielle	SO	L'Anse Creuse North	1:22.74	X1:21.61	
39.61		1:21.61 (42.00)			

Event 8 Girls 500 Yard Freestyle

LCN Fr-So: **5:47.99** **2001** **M. Hasshaw**
 LCN Varsity: **5:40.60** **11/8/2008** **Michelle Adamic**

Name	Yr	School	Seed Time	Finals Time	Points
1 Adamic, Michelle	SR	L'Anse Creuse North	5:40.60	6:00.94	6
30.89		1:06.25 (35.36) 1:43.59 (37.34)	2:20.63 (37.04)		
2:57.75 (37.12)		3:34.75 (37.00) 4:11.90 (37.15)	4:49.09 (37.19)		
5:25.72 (36.63)		6:00.94 (35.22)			
2 Roggenbuck, Kathryn	SR	St. Clair High School	NT	6:26.38	4
33.38		1:10.69 (37.31) 1:49.32 (38.63)	2:28.76 (39.44)		
3:07.86 (39.10)		3:47.47 (39.61) 4:27.35 (39.88)	5:07.79 (40.44)		
5:48.08 (40.29)		6:26.38 (38.30)			
3 Hintz, Angelica	JR	L'Anse Creuse North	6:33.64	6:34.12	3
35.60		1:14.53 (38.93) 1:55.19 (40.66)	2:35.89 (40.70)		
3:15.94 (40.05)		3:56.66 (40.72) 4:37.78 (41.12)	5:18.30 (40.52)		
5:57.75 (39.45)		6:34.12 (36.37)			
4 Markel, Brooke	FR	St. Clair High School	NT	6:34.25	2
36.12		1:15.54 (39.42) 1:56.17 (40.63)	2:36.85 (40.68)		
3:16.83 (39.98)		3:57.60 (40.77) 4:38.61 (41.01)	5:18.89 (40.28)		
5:58.23 (39.34)		6:34.25 (36.02)			
5 Wiseheart, Kayla	JR	St. Clair High School	NT	6:46.68	1
35.65		1:15.54 (39.89) 1:55.80 (40.26)	2:36.59 (40.79)		
3:17.61 (41.02)		3:59.68 (42.07) 4:42.28 (42.60)	5:24.83 (42.55)		
6:08.02 (43.19)		6:46.68 (38.66)			
6 Scully, Melanie	SR	L'Anse Creuse North	7:09.66	7:04.93	
39.55		1:21.21 (41.66) 2:04.11 (42.90)	2:47.07 (42.96)		
3:30.39 (43.32)		4:13.83 (43.44) 4:57.57 (43.74)	5:41.33 (43.76)		
6:24.30 (42.97)		7:04.93 (40.63)			

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(Event 8 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
--- Dietlin, Kelsey	SR	St. Clair High School	NT	X6:48.30	
36.75	1:17.30 (40.55)	1:59.15 (41.85)	2:40.82 (41.67)		
3:22.55 (41.73)	4:04.93 (42.38)	4:46.18 (41.25)	5:28.10 (41.92)		
6:09.52 (41.42)	6:48.30 (38.78)				
--- Stoll, Kaitlyn	SO	L'Anse Creuse North	7:27.64	X7:17.29	
38.78	1:23.17 (44.39)	2:08.29 (45.12)	2:52.36 (44.07)		
3:36.66 (44.30)	4:20.59 (43.93)	5:04.85 (44.26)	5:49.57 (44.72)		
6:34.71 (45.14)	7:17.29 (42.58)				

Event 9 Girls 200 Yard Freestyle Relay

LCN Fr-So: 1:53.32

2003

LCN

A. Claeson, E. Engelman, B. Bauser, C. Brown

LCN Varsity: 1:49.69

10/4/2007

L'Anse Creuse North

M Yacenic, A Leduc, V Nowinski, A Grover

Team	Relay	Seed Time	Finals Time	Points
1 St. Clair High School	A	NT	1:56.48	8
1) Kehoe, Rachel SO	2) Westrick, Haley SO	3) Bryan, Bryana JR	4) Britz, Brianna JR	
29.95	45.36 (15.41)	1:01.53 (16.17)	1:56.48 (54.95)	
2 St. Clair High School	B	NT	2:04.53	4
1) Schweihofer, Morgan SO	2) Bernardi, Alexandra SR	3) McDonald, Melissa SO	4) Roggenbuck, Kathryn SR	
32.91	1:03.76 (30.85)	1:35.08 (31.32)	2:04.53 (29.45)	
3 L'Anse Creuse North	A	2:02.09	2:05.20	2
1) Arsenaault, Amanda SO	2) Nowak, Megan JR	3) Scully, Melanie SR	4) Hintz, Angelica JR	
31.02	1:01.92 (30.90)	1:34.24 (32.32)	2:05.20 (30.96)	
4 L'Anse Creuse North	B	NT	2:10.99	
1) Orr, Jenna SO	2) Zablocki, Taylor FR	3) Girard, Abby FR	4) Mullins, Lauren JR	
33.04	1:36.20 (1:03.16)	2:10.99 (34.79)		
5 St. Clair High School	C	NT	x2:19.18	
1) Fountain, Kayleigh FR	2) Penning, Neele SR	3) Dietlin, Bridget JR	4) Markel, Brooke FR	
34.96	1:11.25 (36.29)	1:46.06 (34.81)	2:19.18 (33.12)	
6 L'Anse Creuse North	C	2:15.38	x2:25.95	
1) Kitchens, Rachel L SO	2) Renock, Alexis SO	3) Lathan, LaShae JR	4) Grzymala, Gabrielle SO	
34.38	1:12.68 (38.30)	1:48.30 (35.62)	2:25.95 (37.65)	

Event 10 Girls 100 Yard Backstroke

LCN Fr-So: 1:08.04

2001

M. Hasshaw

LCN Varsity: 1:07.05

2003

M. Hasshaw

Name	Yr	School	Seed Time	Finals Time	Points
1 Korajac, Una	FR	L'Anse Creuse North	1:12.11	1:10.54	6
34.85	1:10.54 (35.69)				
2 Slis, Amanda	FR	St. Clair High School	NT	1:15.34	4
35.96	1:15.34 (39.38)				
3 Pfropper, Katlin	JR	St. Clair High School	NT	1:17.76	3
36.96	1:17.76 (40.80)				
4 Nowak, Megan	JR	L'Anse Creuse North	1:19.36	1:19.96	2
39.33	1:19.96 (40.63)				
5 Stainbrook, Keri	FR	St. Clair High School	NT	1:22.11	1
38.95	1:22.11 (43.16)				
6 Harms, Kaysey	JR	L'Anse Creuse North	1:47.25	1:50.92	
49.23	1:50.92 (1:01.69)				
--- McDonald, Melissa	SO	St. Clair High School	NT	X1:26.05	
41.19	1:26.05 (44.86)				
--- O'Keefe, Emily	FR	L'Anse Creuse North	NT	X1:37.58	
46.60	1:37.58 (50.98)				

LCN vs. St. Clair - 9/22/2009

Results

Event 11 Girls 100 Yard Breaststroke

LCN Fr-So: 1:16.14 9/17/2009 Laura Bondy

Crusaders

LCN Varsity: 1:16.14 9/17/2009 Laura Bondy

Crusaders

Name	Yr	School	Seed Time	Finals Time	Points
1 Westrick, Haley	SO	St. Clair High School	NT	1:13.14	6
34.39		1:13.14 (38.75)			
2 Bondy, Laura	SO	L'Anse Creuse North	1:16.14	1:16.84	4
36.79		1:16.84 (40.05)			
3 Bryan, Bryana	JR	St. Clair High School	NT	1:21.48	3
38.60		1:21.48 (42.88)			
4 Schwehofer, Samantha	JR	St. Clair High School	NT	1:22.62	2
39.39		1:22.62 (43.23)			
5 Orr, Jenna	SO	L'Anse Creuse North	1:32.21	1:29.60	1
41.77		1:29.60 (47.83)			
6 Moews, Megan	FR	L'Anse Creuse North	1:55.57	1:45.96	
49.88		1:45.96 (56.08)			
--- Koehler, Ashley	SO	St. Clair High School	NT	X1:28.65	
41.42		1:28.65 (47.23)			
--- Gainer, Briana	SO	L'Anse Creuse North	NT	X2:00.81	
54.16		2:00.81 (1:06.65)			

Event 12 Girls 400 Yard Freestyle Relay

LCN Fr-So: 4:18.95 10/24/2006 L'Anse Creuse North

A Leduc, K Engelman, C Mullins, A Grover

LCN Varsity: 3:57.34 11/8/2008 L'Anse Creuse North

V Nowinski, K Engelman, C Mullins, M Adamic

Team	Relay	Seed Time	Finals Time	Points
1 L'Anse Creuse North	A	4:13.70	4:11.50	8
1) Adamic, Michelle SR	2) Leduc, Alayna SR	3) Korajac, Una FR	4) Bondy, Laura SO	
30.09	1:03.00 (1:03.00)	1:32.60 (29.60)	2:05.85 (1:02.85)	
2:35.80 (29.95)	3:09.60 (1:03.75)	3:38.77 (29.17)	4:11.50 (1:01.90)	
2 St. Clair High School	B	NT	4:12.16	4
1) Dietlin, Kelsey SR	2) Schwehofer, Morgan SO	3) Slis, Amanda FR	4) Schwehofer, Samantha JR	
36.36	1:14.99 (1:14.99)	1:50.60 (35.61)	2:28.67 (1:13.68)	
3:00.73 (32.06)	3:39.66 (1:10.99)	3:55.00 (15.34)	4:12.16 (32.50)	
3 St. Clair High School	A	NT	4:42.00	2
1) Koehler, Ashley SO	2) Wiseheart, Kayla JR	3) Pfropper, Katlin JR	4) Roggenbuck, Kathryn SR	
34.16	1:12.71 (1:12.71)	1:46.18 (33.47)	2:22.38 (1:09.67)	
2:56.43 (34.05)	3:34.45 (1:12.07)	4:06.21 (31.76)	4:42.00 (1:07.55)	
4 L'Anse Creuse North	B	4:45.63	5:00.29	
1) Zablocki, Taylor FR	2) Kitchens, Rachel L SO	3) Hintz, Angelica JR	4) Stoll, Kaitlyn SO	
35.78	1:49.09 (1:49.09)	2:30.13 (41.04)		
3:06.15 (36.02)	3:44.06 (1:13.93)	4:20.75 (36.69)	5:00.29 (1:16.23)	
5 L'Anse Creuse North	C	5:02.66	x5:39.19	
1) Renock, Alexis SO	2) Lathan, LaShae JR	3) Mullins, Lauren JR	4) Moews, Megan FR	
40.85	1:24.97 (1:24.97)	2:04.56 (39.59)	2:52.55 (1:27.58)	
3:32.54 (39.99)	4:18.79 (1:26.24)	4:57.83 (39.04)	5:39.19 (1:20.40)	
6 St. Clair High School	C	NT	x6:00.76	
1) Fountain, Kayleigh FR	2) Fountain, Dannie JR	3) Engebrecht, Sophie SO	4) Penning, Neele SR	
37.92	1:24.17 (1:24.17)	2:08.82 (44.65)	3:02.05 (1:37.88)	
3:45.60 (43.55)	4:36.34 (1:34.29)	4:52.68 (16.34)	6:00.76 (1:24.42)	
--- L'Anse Creuse North	D	NT	XDQ	
1) O'Keefe, Emily FR	2) Grzymala, Gabrielle SO	3) Harms, Kaysey JR	4) Gainer, Briana SO	
41.80	1:26.76 (1:26.76)	2:08.78 (42.02)	2:53.83 (1:27.07)	
3:36.53 (42.70)	4:34.55 (1:40.72)	5:22.70 (48.15)	DQ (1:43.62)	

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Results

Scores - Women

Women - Team Rankings - Through Event 12

1. St. Clair High School	100	2. L'Anse Creuse North	80
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