

Athletes of the week

September 10, 2009



Michelle Adamic

School: L'Anse Creuse North

Sport: Swimming

Highlights: Adamic won two events, the 50 freestyle and the 100 freestyle, in LCN's 96-79 dual-meet victory over Roseville. Adamic had a time of 28.67 seconds in the 50 free and a time of 1:03.19 in the 100 free.