

**LCN vs. Cousino - 1/8/2008**  
**Results**

**Event 1 Men 200 Yard Medley Relay**

**Varsity: 1:48.77 2/4/2005 L'Anse Creuse North Boys**  
**C Jackowiak, M Brown, P Bauser, K Engelman**  
**Fresh/Soph: 1:56.84 3/2/2006 L'Anse Creuse North**  
**R Smith, A Iregbu, K Engelman, S Bartolone**  
**Pool: 1:43.44 2/4/2006 Anchor Bay**  
**R GROLLER, M VICTOR, J SHIELDS, J TAYLOR**  
**1:45.19 D-1**  
**1:46.39 D-2**  
**1:47.99 D-3**  
**1:55.99 MISC**

Team	Relay	Seed Time	Finals Time	Points
1 Macomb - L'Anse Creuse Nor	A	1:54.40	1:55.27 MISC	8
1) Pomaville, Joe E JR 2) Iregbu, Ashley J SR 3) Jakupovic, Adis FR 4) Bartolone, Sam M SR				
30.27 1:02.24 (31.97) 1:30.43 (28.19) 1:55.27 (24.84)				
2 Cousino High School	A	2:07.99	1:56.39	4
1) Faba, Steve 2) Podgorski, Jeremy 3) Kennedy, Pat 4) Umberger, Scott				
32.86 1:04.91 (32.05) 1:31.96 (27.05) 1:56.39 (24.43)				
3 Macomb - L'Anse Creuse Nor	B	2:00.00	2:07.46	2
1) Vanpoppelen, Ryan FR 2) Thomas, Kevin J SO 3) Timmerman, Rob J SR 4) Wagner, Will SR				
33.95 1:10.49 (36.54) 1:39.16 (28.67) 2:07.46 (28.30)				
4 Cousino High School	B	2:32.31	2:25.28	
1) White, Kevin 2) Gambowski, Nick 3) Denbinski, Tyler 4) Bechtel, John				
36.05 1:19.29 (43.24) 1:54.93 (35.64) 2:25.28 (30.35)				
5 Cousino High School	C	NT	x2:38.42	
1) McClain, Nathan 2) Mansch, Seth 3) Moran, Nick 4) Miller, Troy				
35.60 1:25.51 (49.91) 2:06.77 (41.26) 2:38.42 (31.65)				
6 Macomb - L'Anse Creuse Nor	C	NT	x2:46.41	
1) Bubka, Aaron SO 2) Schwartz, Nick A JR 3) Durie, Robbie G SO 4) Clark, Deonte FR				
47.99 1:22.34 (34.35) 2:04.27 (41.93) 2:46.41 (42.14)				

**Event 2 Men 200 Yard Freestyle**

**Varsity: 1:49.43 2003 C.Jackowiak**  
**Fresh/Soph: 1:49.43 2003 C.Jackowiak**  
**Pool: 1:44.75 2/6/2004 Anthony Serio**  
**1:48.39 D-1**  
**1:50.09 D-2**  
**1:55.39 D-3**  
**1:56.99 MISC**  
**2:08.69 COUN**

Name	Yr School	Seed Time	Finals Time	Points
1 Ciesinski, Chris L	JR Macomb - L'Anse Creuse North	1:56.48	2:01.23 COUN	6
27.00 57.52 (30.52) 1:30.26 (32.74) 2:01.23 (30.97)				
2 Wloszczynski, Pat	JR Macomb - L'Anse Creuse North	2:10.69	2:06.40 COUN	4
28.92 1:00.53 (31.61) 1:33.42 (32.89) 2:06.40 (32.98)				
3 Leask, Rob A	SR Macomb - L'Anse Creuse North	2:08.69	2:08.07 COUN	3
28.38 1:00.55 (32.17) 1:33.96 (33.41) 2:08.07 (34.11)				

**LCN vs. Cousino - 1/8/2008****Results**

4	Faba, Steve		Cousino High School		NT	2:25.03	2
		32.32	1:08.66 (36.34)	1:46.72 (38.06)		2:25.03 (38.31)	
5	Andary, Jacob		Cousino High School		NT	2:34.52	1
		1:53.61	2:34.82 (41.21)	2:34.52 ( )			
6	Tolstykla, Aaron		Cousino High School		NT	2:42.23	
		34.38	1:15.07 (40.69)	1:59.87 (44.80)		2:42.23 (42.36)	

**Event 3 Men 200 Yard IM**

<b>Varsity:</b>	<b>2:09.27</b>	<b>1/25/2005</b>	<b>Craig J Jackowiak</b>
<b>Fresh/Soph:</b>	<b>2:12.23</b>	<b>2003</b>	<b>C.Jackowiak</b>
<b>Pool:</b>	<b>2:03.18</b>	<b>2/2/2007</b>	<b>Kevin Galerneau</b>
	<b>2:04.59</b>	<b>D-1</b>	
	<b>2:07.19</b>	<b>D-2</b>	
	<b>2:13.19</b>	<b>D-3</b>	
	<b>2:14.99</b>	<b>MISC</b>	
	<b>2:28.59</b>	<b>COUN</b>	

Name	Yr	School	Seed Time	Finals Time	Points		
1 Engelman, Kevin A	SR	Macomb - L'Anse Creuse North	2:22.76	2:16.07 COUN	6		
			26.84	1:02.76 (35.92)	1:44.79 (42.03)	2:16.07 (31.28)	
2 Kennedy, Pat		Cousino High School		NT	2:16.92 COUN	4	
			28.89	1:04.70 (35.81)	1:45.98 (41.28)	2:16.92 (30.94)	
3 Bartolone, Sam M	SR	Macomb - L'Anse Creuse North	2:14.53	2:23.25 COUN	3		
			29.25	1:05.74 (36.49)	1:48.04 (42.30)	2:23.25 (35.21)	
4 Jakupovic, Adis	FR	Macomb - L'Anse Creuse North	2:21.46	2:25.12 COUN	2		
			30.48	1:08.27 (37.79)	1:53.18 (44.91)	2:25.12 (31.94)	
5 Silvestri, James		Cousino High School		NT	2:34.13	1	
			33.38	1:13.51 (40.13)	1:56.68 (43.17)	2:34.13 (37.45)	
6 Losinski, Eric		Cousino High School		NT	3:33.59		
			45.40	1:39.86 (54.46)	2:44.02 (1:04.16)	3:33.59 (49.57)	

**Event 4 Men 50 Yard Freestyle**

<b>Varsity:</b>	<b>22.65</b>	<b>2005</b>	<b>C.Jackowiak</b>
<b>Fresh/Soph:</b>	<b>22.87</b>	<b>2003</b>	<b>C.Jackowiak</b>
<b>Pool:</b>	<b>22.35</b>	<b>3/2/2006</b>	<b>J. Shields</b>
	<b>22.69</b>	<b>D-1</b>	
	<b>22.99</b>	<b>D-2</b>	
	<b>23.19</b>	<b>D-3</b>	
	<b>23.89</b>	<b>MISC</b>	
	<b>25.99</b>	<b>COUN</b>	

Name	Yr	School	Seed Time	Finals Time	Points	
1 Umberger, Scott		Cousino High School		NT	25.21 COUN	6
2 Ficht, Kyle J	SR	Macomb - L'Anse Creuse North	25.71	25.83 COUN	4	
3 Pomaville, Joe E	JR	Macomb - L'Anse Creuse North	25.97	26.01	3	
4 Iregbu, Ashley J	SR	Macomb - L'Anse Creuse North	25.63	26.06	2	

**LCN vs. Cousino - 1/8/2008****Results**

5	Hang, Lance	Cousino High School	NT	27.44	1
6	Biagini, Zach	Cousino High School	NT	29.49	

**Event 5 Men 1 mtr Diving**

Varsity: 178.65 12/18/2007 Dayne A Taylor  
 Fresh/Soph: 201.70 2002 D. Parzynski  
 Pool: 473.80 2/2/2007 Anthony Stadwick Jr

Name	Yr	School	Seed Time	Finals Score	Points
1 Hang, Lance		Cousino High School	NT	143.55	6
2 Taylor, Dayne A	SR	Macomb - L'Anse Creuse North	178.65	128.75	4
3 White, Kevin		Cousino High School	NT	125.00	3
4 Yousif, Randy		Cousino High School	NT	108.00	2
5 Kinic, Zach	FR	Macomb - L'Anse Creuse North	97.90	92.10	1

**Event 6 Men 100 Yard Butterfly**

Varsity: 55.58 1/8/2008 Kevin A Engelman  
 Fresh/Soph: 56.08 2003 C.Jackowiak  
 Pool: 53.05 2/2/2007 Ben Dueweke

LCN Crusaders

Name	Yr	School	Seed Time	Finals Time	Points
1 Engelman, Kevin A	SR	Macomb - L'Anse Creuse North	55.88	55.58 D-2	6
			25.00	55.58 (30.58)	
2 Podgorski, Jeremy		Cousino High School	NT	1:00.42 COUN	4
3 Timmerman, Rob J	SR	Macomb - L'Anse Creuse North	1:08.00	1:04.11 COUN	3
			29.24	1:04.11 (34.87)	
4 Schwartz, Nick A	JR	Macomb - L'Anse Creuse North	NT	1:18.51	2
			35.76	1:18.51 (42.75)	

**Event 7 Men 100 Yard Freestyle**

Varsity: 48.69 3/11/2005 C.Jackowiak  
 Fresh/Soph: 49.30 2003 C.Jackowiak  
 Pool: 47.78 2/4/2006 Justin Shields

Name	Yr	School	Seed Time	Finals Time	Points
1 Kennedy, Pat		Cousino High School	NT	53.24 COUN	6
2 Ciesinski, Chris L	JR	Macomb - L'Anse Creuse North	52.86	54.10 COUN	4

**LCN vs. Cousino - 1/8/2008**  
**Results**

3	Umberger, Scott	Cousino High School	NT	55.00	COUN	3
4	Wloszczynski, Pat	JR Macomb - L'Anse Creuse North	59.87	57.56		2
5	Coleman-Siemion, Dalton	JR Macomb - L'Anse Creuse North	1:01.41	1:01.23		1
6	Volpe, Justin	Cousino High School	NT	1:03.01		

**Event 8 Men 500 Yard Freestyle**

<b>Varsity:</b>	<b>5:09.35</b>	<b>2004</b>	<b>C.Jackowiak</b>
<b>Fresh/Soph:</b>	<b>5:12.29</b>	<b>2001</b>	<b>C.Jackowiak</b>
<b>Pool:</b>	<b>4:42.64</b>	<b>2/6/2004</b>	<b>Anthony Serio</b>
	<b>4:57.79</b>	<b>D-1</b>	
	<b>4:58.79</b>	<b>D-2</b>	
	<b>5:16.99</b>	<b>D-3</b>	
	<b>5:21.99</b>	<b>MISC</b>	
	<b>5:54.99</b>	<b>COUN</b>	

Name	Yr	School	Seed Time	Finals Time	Points
1 Podgorski, Jeremy		Cousino High School	NT	5:17.03	MISC 6
	27.82	57.33 (29.51)	1:28.10 (30.77)	1:59.60 (31.50)	
	2:31.92 (32.32)	3:04.28 (32.36)	3:37.81 (33.53)	4:10.86 (33.05)	
	4:44.30 (33.44)	5:17.03 (32.73)			
2 Jakupovic, Adis	FR	Macomb - L'Anse Creuse North	5:38.41	5:40.06	COUN 4
	30.60	1:04.54 (33.94)	1:39.47 (34.93)	2:13.76 (34.29)	
	2:48.53 (34.77)	3:22.89 (34.36)	3:57.39 (34.50)	4:32.04 (34.65)	
	5:06.46 (34.42)	5:40.06 (33.60)			

**(Event 8 Men 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
3 Bartolone, Sam M	SR	Macomb - L'Anse Creuse North	5:22.69	5:55.72	3
	29.00	1:01.05 (32.05)	1:35.47 (34.42)	2:11.21 (35.74)	
	2:47.65 (36.44)	3:24.45 (36.80)	4:02.21 (37.76)	4:40.76 (38.55)	
	5:18.55 (37.79)	5:55.72 (37.17)			
4 Wagner, Will	SR	Macomb - L'Anse Creuse North	5:45.57	6:22.60	2
	31.08	1:06.52 (35.44)	1:45.52 (39.00)	2:25.58 (40.06)	
	3:04.88 (39.30)	3:44.60 (39.72)	4:24.09 (39.49)	5:04.46 (40.37)	
	5:44.61 (40.15)	6:22.60 (37.99)			
5 Bectel, John		Cousino High School	NT	8:19.11	1
	37.23	1:21.13 (43.90)	2:09.44 (48.31)	2:59.24 (49.80)	
	3:52.59 (53.35)	4:45.89 (53.30)	5:39.37 (53.48)	6:33.68 (54.31)	
	7:27.62 (53.94)	8:19.11 (51.49)			
6 Gambowski, Nick		Cousino High School	NT	8:29.85	
	36.47	1:23.59 (47.12)	2:16.17 (52.58)	3:09.96 (53.79)	
	4:02.29 (52.33)	4:56.67 (54.38)	5:51.65 (54.98)	6:46.60 (54.95)	
	7:39.63 (53.03)	8:29.85 (50.22)			

**Event 9 Men 200 Yard Freestyle Relay**

<b>Varsity:</b>	<b>1:36.09</b>	<b>2/24/2007</b>	<b>Macomb - L'Anse Creuse North</b>
			<b>K Engelman, C Ciesinski, A Iregbu, S Bartolone</b>
<b>Fresh/Soph:</b>	<b>1:39.83</b>	<b>2003</b>	<b>L'Anse Creuse North</b>

**LCN vs. Cousino - 1/8/2008**

**Results**

**C.Jackowiak, K. Robinson, J. Hurley, P. Bauser**  
**Macomb Marlins**  
**M. Victor, C. Fleming, M. Biggert, A. Shields**

**Pool: 1:32.51 1/14/2007**

**1:32.69 D-1**  
**1:34.49 D-2**  
**1:35.59 D-3**  
**1:42.49 MISC**

Team	Relay	Seed Time	Finals Time	Points
1 Macomb - L'Anse Creuse Nor	A	1:36.09	1:41.09 MISC	8
1) Iregbu, Ashley J SR 26.09	2) Engelman, Kevin A SR 49.73 (23.64)	3) Ciesinski, Chris L JR 1:15.24 (25.51)	4) Wloszczynski, Pat JR 1:41.09 (25.85)	
2 Cousino High School	A	1:54.91	1:46.89	4
1) Kennedy, Pat 25.80	2) Faba, Steve 54.04 (28.24)	3) Umberger, Scott 1:20.54 (26.50)	4) Podgorski, Jeremy 1:46.89 (26.35)	
3 Macomb - L'Anse Creuse Nor	B	2:00.00	1:59.68	2
1) Thomas, Kevin J SO 29.40	2) Coleman-Siemion, Dalton JR 58.39 (28.99)	3) Santini, Roger P JR 1:28.53 (30.14)	4) Vente, Vince SO 1:59.68 (31.15)	
4 Cousino High School	B	2:29.81	2:03.00	
1) Losinski, Eric 33.24	2) Tolstylka, Aaron 1:02.10 (28.86)	3) Volpe, Justin 1:33.01 (30.91)	4) Biagini, Zach 2:03.00 (29.99)	
5 Macomb - L'Anse Creuse Nor	C	NT	x2:20.86	
1) Latour, James FR 37.34	2) Naert, Joe FR 1:11.92 (34.58)	3) Olivares, Cain FR 1:43.48 (31.56)	4) Scott, Jared FR 2:20.86 (37.38)	
6 Cousino High School	C	NT	x2:29.04	
1) Omar, Omar 1:16.17	2) Carter, Stephen 1:51.64 (35.47)	3) Grubb, Chris 2:29.04 ( )	4) Mansch, Seth	

**Event 10 Men 100 Yard Backstroke**

**Varsity: 54.37 3/12/2005 Craig Jackowiak**  
**Fresh/Soph: 56.13 2003 C.Jackowiak**  
**Pool: 54.74 1/13/2005 Craig J Jackowiak**  
**57.39 D-1**  
**58.39 D-2**  
**59.99 D-3**  
**1:01.70 MISC**  
**1:09.99 COUN**

Name	Yr School	Seed Time	Finals Time	Points
1 Pomaville, Joe E	JR Macomb - L'Anse Creuse North	1:06.21	1:05.03 COUN	6
31.77	1:05.03 (33.26)			
2 Ficht, Kyle J	SR Macomb - L'Anse Creuse North	1:09.27	1:09.31 COUN	4
33.46	1:09.31 (35.85)			
3 Vanpoppelen, Ryan	FR Macomb - L'Anse Creuse North	1:14.27	1:10.75	3
33.17	1:10.75 (37.58)			
4 Faba, Steve	Cousino High School	NT	1:12.71	2
34.80	1:12.71 (37.91)			
5 White, Kevin	Cousino High School	NT	1:20.81	1

**LCN vs. Cousino - 1/8/2008****Results**

6	McClain, Nathan	37.93	1:20.81 (42.88)	Cousino High School	NT	1:28.88
		38.90	1:28.88 (49.98)			

**Event 11 Men 100 Yard Breaststroke**

<b>Varsity:</b>	<b>1:08.25</b>	<b>3/2/2006</b>	<b>Mike J Brown</b>
<b>Fresh/Soph:</b>	<b>1:12.52</b>	<b>2/25/2006</b>	<b>Ashley J Iregbu</b>
<b>Pool:</b>	<b>1:02.34</b>	<b>2/2/2007</b>	<b>Matt Victor</b>
	<b>1:03.89</b>	<b>D-1</b>	
	<b>1:05.19</b>	<b>D-2</b>	
	<b>1:06.89</b>	<b>D-3</b>	
	<b>1:09.59</b>	<b>MISC</b>	
	<b>1:15.99</b>	<b>COUN</b>	

Name	Yr	School	Seed Time	Finals Time	Points
1 Iregbu, Ashley J	SR	Macomb - L'Anse Creuse North	1:09.70	1:12.70 COUN	6
2 Schwartz, Nick A	JR	Macomb - L'Anse Creuse North	1:18.50	1:16.94	4
3 Silvestri, James		Cousino High School	NT	1:17.05	3
4 Thomas, Kevin J	SO	Macomb - L'Anse Creuse North	1:16.45	1:17.92	2
5 Andary, Jacob		Cousino High School	NT	1:24.35	1
6 Bechtel, John		Cousino High School	NT	2:04.52	

**Event 12 Men 400 Yard Freestyle Relay**

<b>Varsity:</b>	<b>3:32.89</b>	<b>2/24/2007</b>	<b>Macomb - L'Anse Creuse North</b>
			<b>K Engelman, C Ciesinski, S Bartolone, R Leask</b>
<b>Fresh/Soph:</b>	<b>3:45.55</b>	<b>2003</b>	<b>L'Anse Creuse North</b>
			<b>J. Hurley, T.VanDoorne, K. Robinson, C.Jackowiak</b>
<b>Pool:</b>	<b>3:25.40</b>	<b>3/2/2006</b>	<b>Eisenhower High School</b>
			<b>T LYONS, L SLOMINSKI, T SMITH, A TROY</b>
	<b>3:25.69</b>	<b>D-1</b>	
	<b>3:31.39</b>	<b>D-2</b>	
	<b>3:33.89</b>	<b>D-3</b>	
	<b>3:48.99</b>	<b>MISC</b>	

Team	Relay	Seed Time	Finals Time	Points
1 Macomb - L'Anse Creuse Nor	A	3:36.65	3:51.22	8
1) Engelman, Kevin A SR	2) Ciesinski, Chris L JR	3) Wloszczynski, Pat JR	4) Pomaville, Joe E JR	
25.70	53.61 (53.61)	1:21.43 (27.82)	1:51.20 (57.59)	
2:20.16 (28.96)	2:51.83 (1:00.63)	3:20.59 (28.76)	3:51.22 (59.39)	
2 Macomb - L'Anse Creuse Nor	B	4:00.00	4:10.66	4
1) Coleman-Siemion, Dalton JR	2) Jakupovic, Adis FR	3) Vanpoppelen, Ryan FR	4) Ficht, Kyle J SR	
30.34	1:03.63 (1:03.63)	1:33.06 (29.43)	2:05.21 (1:01.58)	
2:35.96 (30.75)	3:08.93 (1:03.72)	3:37.97 (29.04)	4:10.66 (1:01.73)	
3 Cousino High School	C	NT	4:47.07	2

**LCN vs. Cousino - 1/8/2008**  
**Results**

1) Biagini, Zach	2) Miller, Troy	3) Moran, Nick	4) Denbinski, Tyler
33.59	1:12.12 (1:12.12)	1:46.44 (34.32)	2:25.45 (1:13.33)
2:58.58 (33.13)	3:35.97 (1:10.52)	4:08.63 (32.66)	4:47.07 (1:11.10)
4 Macomb - L'Anse Creuse Nor	C	NT	x4:59.97
1) Pomaville, Marc FR	2) Olivares, Cain FR	3) Naert, Joe FR	4) Latour, James FR
35.43	1:15.39 (1:15.39)	1:49.70 (34.31)	2:27.12 (1:11.73)
3:04.69 (37.57)	3:44.64 (1:17.52)	4:20.31 (35.67)	4:59.97 (1:15.33)
5 Cousino High School	A	4:19.40	5:03.65
1) Losinski, Eric	2) Tolstylka, Aaron	3) Volpe, Justin	4) Flannigan, Andrew
38.33	1:21.46 (1:21.46)	1:54.52 (33.06)	2:33.60 (1:12.14)
3:11.20 (37.60)	3:53.04 (1:19.44)	4:26.65 (33.61)	5:03.65 (1:10.61)
6 Cousino High School	B	5:01.40	x5:20.06
1) Siekieka, David	2) Mansch, Seth	3) Desandre, Nick	4) White, Kevin
35.98	1:16.12 (1:16.12)	1:51.77 (35.65)	2:37.92 (1:21.80)
3:15.34 (37.42)	4:00.15 (1:22.23)	4:36.87 (36.72)	5:20.06 (1:19.91)

Men - Team Rankings - Through Event 12

1. Macomb - L'Anse Creuse North	122	2. Cousino High School	63
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