# **To: Macomb County Girls Swim Coaches and Athletic Directors**

# **Re: The Macomb County Swimming and Diving Championships**

**From: Mike Owensby, LCN Girls Swim Coach**

**Location: L’Anse Creuse North High School**

##### Date/Time: Thursday, September 28, 2023 – Diving Preliminaries 4:00 warm-up/6:00 Start

###  **Saturday, September 30, 2023 – Swimming and Diving Finals**

 **8:00 Warm-up/10:00 Starts**

**Qualifying Times:** All schools may enter 1 Relay in each relay event; no time standard is required for relays.

200 Freestyle 2:26.25

200 Ind. Medley 2:49.94

## 50 Freestyle :29.86

Diving 115.00 (2 meet avg) (If entered, divers must be able to complete 11 dives - **SAFELY**)

###### 100 Butterfly 1:21.36

# 100 Freestyle 1:06.94

500 Freestyle 6:40.66

100 Backstroke 1:18.89

# 100 Breaststroke 1:28.05

# **Procedures:**

1. Coaches must submit an “In the Wake” entry (this is a listing of best times for your team). Please submit a hardcopy to me first. Please email this to LCN’s coach Mike Owensby owensmi@lc-ps.org and lcnswim@yahoo.com by sending us either a result file from your meets or a best times file from Team Manager These must be submitted **on or** **before** Thursday, Sept. 14, 2023.
2. Submit your County Meet Team Entries on or before Friday, September 22nd before 4:30 p.m. (Entries may be delivered to LCN on disk or e-mailed at owensmi@lc-ps.org & lcnswim@yahoo.com). If your team uses “TEAM MANAGER” or “MEET MANAGER” Please include a zip file with your email.
3. ***Entries: The entry procedure and conduct of the meet will follow MHSAA and Federation Rules and procedures wherever possible. Entries must be submitted using HY-Tek’s Team Manager or Team Manager Lite. Import the Meet File into your Team Manager program. All entries are due by 4:30 P.M. on Friday, September 22, 2023. If you do not have Team Manager go to*** [***http://www.hy-tek.com/downloads.html***](http://www.hy-tek.com/downloads.html) ***to obtain your free copy of Team Manager Lite to use for your entries****. Hard Copies will not be accepted without an additional $50 team entry fee.*
4. For diving entries, I will only notify you if we have more than 24 divers and your diver is not among the top 24. Please make sure you submit your divers’ scores with your entries.
5. Entries for diving will be completed through the website [www.cleanentries.com](http://www.cleanentries.com) by Monday, September 25th at 12:00 noon.
6. I will have heat sheets emailed and posted on my website to all coaches by Wednesday, September 27th.
7. The county meet does cost the schools. The fees are $10.00 – entry, $10.00 per relay, and $5.00 per individual event. The bill should be mailed out the week of the meet. Any late or incomplete entries (those received after the 9/22 4:30 pm deadline) will be assessed a $50.00 late entry fee.
8. Coaches, please remember that the coaches’ room is provided to COACHES and OFFICIALS only - no athletes, parents, students, or managers will be allowed in the coaches’ room at any time.  Please remember that LCN parents donate most of the goodies in the coaches’ room.
9. Only athletes that come with the team will be allowed into the meet without paying admission.
10. I would ask that each team bring a person that would be willing to time.
11. **ONLY SWIMMERS THAT HAVE QUALIFIED FOR THE MEET WILL BE PERMITTED ON DECK!**
12. If anything changes for COVID restrictions, updates will be posted.

**Note: If you do not send an In the Wake entry to me before Thursday, Sept 14th & I do not receive your County Meet Team Entries before 4:30 p.m. on Friday, Sept. 22nd (using Hy-Tek’s Team or Meet Manager) your team may not be entered in the County Meet or will be subject to the $50.00 late entry fee.**

Entry forms will be sent to schools the week of September 11, 2023.

Email information to Mike at owensmi@lc-ps.org or lcnswim@yahoo.com. If you have any questions, call me at (586) 855-3119.