

Sports Medicine Team

Offers

SPORTS PHYSICALS & FUNCTIONAL ASSESSMENT SCREENING

Bring this flyer with
you to receive \$5.00
off.*

*Must be a student with a valid student
ID of a participating school listed below.

Wednesday, June 8th, 2011	Sterling Heights HS 12901 15 Mile Road	6 – 8:30 PM
Monday, August 1st, 2011	L'Anse Creuse North HS 23700 21 Mile Rd.	4:30-7 PM
Wednesday, August 3rd, 2011	L'Anse Creuse HS 38495 L'Anse Creuse Rd.	4:30-7 PM
Thursday, August 4th, 2011	Grosse Pointe South HS 11 Grosse Pointe Blvd.	3:30-7:00 PM
Friday, August 5th, 2011	East Detroit HS 15501 Couzens Rd.	4:30-7 PM
To Be Determined	De La Salle 14600 Common	

- **Cost: \$25.00**
- Pay to: **St. John Hospital**
- Middle & High school students are welcome.
- Contact: Maureen Lilla, AT (586) 322-3676.
- **Functional Assessment Screening** includes:
 - Assessment by a health care professional.
 - Screening to identify problems with muscle strength, flexibility, balance or coordination that can decrease athletic performance.
 - Written exercises and recommendations to correct problem areas will be available.
 - Licensed, Certified Athletic Trainers will be available to answer any questions during the day. Many are also available at your high schools.

Frequently Asked Questions:

- No appointment is needed.
- Parents are not required to attend.
- MHSAA physical forms are provided and can also be downloaded at www.mhsaa.com.
- This event is considered an out of pocket expense.
- Physicals obtained at all of the dates provided are valid for the 2011-2012 school year.
- Attendance is open to the public at all locations.
- Cash or Check only.

